

## Allegany County Health Planning Coalition

Meeting Summary

*March 11, 2014*

### Members Present

Fred Tola - ACHD

Tracy Curry - UHC

Jennifer Wilson - ACHD

Nancy Forlifer - WMHS

Susan Walter - TSCHC (via phone)

Ava Joubert - NAACP

Lesa Diehl - MHSO

Steve Schellhaus - CPD

Sue Raver, MD - ACHD

Christa Porter – WMHS

Jenelle Mayer - ACHD

Steve Kesner - Housing

Joe Caporale - ARC

Casey Sinclair - TSWHC

### Members Absent

Stu Czapski - Allegany Chamber

Mary Beth Pirolozzi - CUW

Mary Beth DeMartino - Pressley Ridge

Susan Stewart -WMAHEC

Sandi Rowland - AHR

Kim Green - BOE

Courtney Thomas - HRDC

Cathy Chapman -Provider

Chris Delaney – ACHD

### Guests Present

Rhonda Alkire - Pressley Ridge (for Mary Beth DeMartino)

#### **I. WELCOME AND INTRODUCTION OF NEW MEMBERS:**

Dr. Raver welcomed everyone and noted that there are some new members present; she then requested that individuals introduce themselves.

#### **II. ADOPT MINUTES OF JANUARY 14, 2014:**

Dr. Raver asked if there were any corrections or additions to the minutes for January. There were none. Dr. Raver then announced that the minutes have been accepted as written.

#### **III. DRAFT LHAP FY 2015-17 - Nancy Forlifer:**

Nancy reported that the Community Health Needs Assessment piece is complete. She then referenced the three priorities – Access & Socio-economics, Healthy Lifestyles and Wellbeing, and Disease Management – and explained that the key areas of need (i.e., Strategies A and B) and Actions to impact them are listed under the priorities. Nancy then explained that the main contacts under the “WHO” column were asked to work with their group to identify potential Phases and Measures for each of the Actions. Nancy further explained that the Phases refer to timeframes; they are listed below Actions at the top of the page.

Nancy reviewed the areas of the LHAP where there had been questions or significant changes were made or the contact person had changed:

#### **Priority: Access & Socio-economics**

Strategy A: Access to Appropriate Care

*Action 1. Enhance Community Health Worker Program*

- “by increasing linkages with providers and tracking outcomes” was added and the Measures listed are to match those efforts.

## Strategy B: Early Childhood Development

### *Action 2. Assess food needs and refer to appropriate organizations for food security*

- Nancy explained the recommended procedure. The resources are listed on the Coalition's website.
- There has been a recent change in the food drop locations. Nancy distributed the list and will have the information posted to the website.
- The main focus is going to be doing the food security checks and no longer compiling a resource list.
- Jenelle Mayer will be the lead contact person.
- Nancy requested that she would like to know if anyone hears of any new food resources.
  - Steve Kesner reported that Cumberland Housing operates two programs for their residents:
    1. A program through the food bank that is a drop/ship to their facilities and then distributed; there is a small charge.
    2. Commodity Food Program out of USDA, Baltimore - the food is dropped off at their two high-rise facilities.
  - Ava Joubert added that Souls One Outreach Ministries distributes food for the community the second Tuesday of every month. They are also affiliated with the food bank. Nancy will request more info from Ava and add to the resources on the website.

### Best Practices underway in the community which may contribute to achievement of these goals.

Nancy explained that when the Actions piece of the LHAP was developed, the Coalition noted that there are practices already underway in the community. They don't need to be part of the plan because the best practices already have measures and goals, but they may impact those needs. Therefore, they should be identified and listed under Best Practices. She added that a lead contact person needs to be identified for each of the Best Practices. The most recent updates are on the last page.

## Priority: Access & Socio-economics

### *Best Practices*

- Add "Appalachian Mountain IRT" - Dr. Raver provided an overview of the Appalachian Mountain IRT project. The Department of Defense's Medical Reserve Unit will be providing free veterinary, eye glasses, dental, medical screenings and pain management services from Aug. 13<sup>th</sup> - 22<sup>nd</sup>. There will also be community health workers on-site to help connect patients to healthcare providers in the community.
- Add "MH First Aide" - Lesa Diehl explained that this is an eight-hour course designed for the general public which provides info about how to recognize various mental illnesses, how to respond to someone experiencing a MH crisis, and how to get them to the appropriate resources.
- Add "Early Childhood Advisory Council" - Contacts are Dee Blank and Courtney Thomas.
- Need to identify a lead contact for Housing initiatives of the Homeless Resource Board and various Housing Authorities. Nancy will follow-up with Courtney Thomas.

## **Priority: Healthy Lifestyles and Wellbeing**

### Strategy B: Violence Intervention Programs

#### *Action 1. Assess safety needs for high risk individuals or families and refer to or establish a Violence Intervention Program*

- Nancy reported that John Sangiovanni, DSS, is working with the group under “WHO” column on the Phases and Measures; should have them by March 17<sup>th</sup>.
- Add “Refer to Access B1”.

*Best Practices*

- Nancy noted she has yet to confirm a contact person for the School Based Violence Reduction efforts.

**Priority: Disease Management**

*Best Practices*

- Nancy reported that Becky added an update to “Prescriber education, prescription drug use screening, and enhanced coordination is being overseen by the Overdose Prevention Task Force” - trainings are listed on the last page.
- Joe Caporale offered to put PSAs on the air to promote these trainings.

Nancy commented that the additional changes will be made to the LHAP and sent out before the next meeting in May; it will be presented for approval at that time.

**IV. COALITION DEVELOPMENT - Fred Tola:**

*a. Draft MOU*

- Fred explained to move forward with a more formal structure, a draft of an MOU was developed. Fred then reviewed the varying levels of participation in the Coalition including “Founding Partners,” “Advisory Board,” and “Affiliates” and their responsibilities.
- Let Fred or Nancy know if you have any suggestions for the MOU; they would like to get signatures for adoption of the MOU at the May meeting.

*b. Membership List*

- Fred referred to the membership list noting that it is broken down into the levels of participation.
- Fred asked for contact info for Jane’s Place and Homeless Resource Board.
  - Jane’s Place - Lesa will help with a contact.
  - Homeless Resource Board - Nancy will ask Courtney to help.

**V. UPDATES:**

*a. Healthy Allegany - Jenelle Mayer*

Community Health Workers (CHW):

The CHW program is going well. The three CHW went through a five-week training and are now meeting with clients to help them improve their health. They work with them on healthy lifestyles, managing their disease and following their doctor’s instructions, and referring them for resources such as food and transportation. CHW have seen ~35 clients so far. They are taking referrals from TSCHC, WMHS, various programs at the ACHD, and recently signed on with Cathy Chapman for referrals. They are open to other referral sources.

Transportation Program:

There are several community partners that have signed on to be part of the Mobility Management Program, housed at HRDC. They work with clients who need transportation to get

to health and human service appointments. Misty, the mobility manager, works through the different transportation options in the area (i.e., bus voucher, cab voucher).

Food Security:

The CHW will have a table with resource info on food security at the Bridges to Health training and plan to talk to providers in the area about assessing their clients for food security issues and what kinds of resources are available to meet their needs.

*b. Community Support Mini-Grants - Nancy Forlifer*

Nancy distributed the names and a short description of the three winners of this year's community support grants. They will be providing updates of their progress.

1. Project CASA - an advocacy program for foster children.
2. The Incredible Years at the Judy Center - a program with Family Junction at South Penn Elementary School.
3. SPARK Physical Education Program - a fitness program at Westmar Middle School.

*c. Training – Provider Competencies: Bridges to Health, March 3<sup>rd</sup> (Re-Scheduled) - Nancy Forlifer*

1. The first round was cancelled due to inclement weather. Nancy circulated a flyer announcing the new date for "Bridges into Health: Strategies to Reduce Inequities and Improve Health Outcomes" - May 2, 2014; the flyer also lists the learning objectives and details. Guest speaker is Terie Dreussi-Smith M.A. Ed, co-author of Bridges Out of Poverty with Ruby Payne and will be about poverty and the connection to health issues. May 1<sup>st</sup> will be an evening program; May 2<sup>nd</sup> will be the CE and is scheduled for 8:15 AM to 12:30 PM. This program is free; location is WMRMC Auditorium.

➤ RSVP to Nancy even if you were already registered for the previous one.

2. The second program of the series (on the back of the flyer) is on June 13, 2014. Coordinated through WMAHEC, the folks from Johns Hopkins Bloomberg Public Health School will be coming to talk about cultural competency. They will be discussing issues related to the Appalachian culture. There will be a \$25.00 or \$30.00 fee for this program and will be all day.
3. The third program of the series (also listed on the back of the flyer) is on Nov. 14, 2014. Terie Dreussi-Smith will be returning to discuss Bridges Out of Poverty and more on how you can engage the community into overcoming the issues relating to poverty. A panel of local agencies will be engaged in a discussion about the local issues with poverty and what we can do to overcome them. This is also ~\$25.00 with scholarships available and is all day; location is Allegany College.

*d. Community Health Resource Commission (CHRC) Grant: Mental Health and Dental - Lesa Diehl & Dr. Raver*

Lesla reported that in the past Maryland's Mental Hygiene and Alcohol & Drug Abuse Administrations had separate systems. MHSO applied for a grant to provide training and technical assistance for BH providers to help integrate these two into one BH system. The goal is to expand capacity and give providers the skills they need to successfully transition into an integrated system. For example, providers will be required to switch to ICD 10 billing codes starting Oct. 1<sup>st</sup>. The process will be ongoing over the next 12 months.

Dr Raver reported that Allegany Health Right applied for a grant for funds over three years to help provide dental services to special needs populations.

Dr. Raver added that we were fortunate to receive two grants.

*e. SHIP - LHIC Subcommittee Report - Nancy Forlifer & Dr. Raver*

Nancy gave a background for the new members. She explained that this group connects to the requirement for the ACA and also connects to the State's Health Improvement Plan (SHIP). Nancy found out at a recent meeting that the SHIP's 39 measures are going to be used as the population health measures for the new Medicare waiver for how hospital care is paid for in Maryland. The State also discussed creating a way all the LHICs around the state can use one single report to get info back to the State. Let Nancy know if you would like to see the PowerPoint presentation.

Nancy reported that the State wants all the local groups to be aware that DHMH is there to provide data to support us in our planning and in our performance measurements. This is reflected with the Network of Care website. Once launched, we will have access to much more county-specific data.

Dr. Raver added that there was a soft launch yesterday of the SHIP and the county piece. Dr. Raver also mentioned that this is the Trilogy Network of Care other counties have used; the data is constantly revised and updated. Nancy will send the link out to everyone.

*f. Department of Defense (DoD): Health IRT - Fred Tola*

Fred added more details to what Dr. Raver reported on previously. There will be 80 DoD personnel coming to provide services from 8/13/14 - 8/22/14 (Set-up 8/12/14 – Tear-Down 8/23/14); they are not income-based and no state-boundaries. HRDC is the lead agency.

1. Services - Fred gave additional details on the services.
  - Dental - cleanings, fillings and extractions; plan to have pre-screenings. ACM will be providing dental chairs the first six days.
  - Vision - will provide single lens eyeglasses; Rx for bifocals
  - Veterinary - spay and neuter, and rabies vaccinations. Will be borrowing a mobile van from the Animal Shelter and DoD will be bringing one as well.
  - Medical - Screenings for all patients that call in for diabetes, need for lifestyle changes, etc. In-take, health assessments and referrals will be done on-site.
  - Pain Management - Non-narcotic

Nancy added that at least 95% of the appointments will be pre-scheduled.

2. Publicity - Fred indicated that they will be looking to Joe Caporale for publicity for the IRT project. Joe was in agreement and suggested that Fred let him know when he needs him. Joe noted that National Women's Health Week is in May and National Men's Health Week is in June and indicated that this could possibly lead to publicity for the IRT. He suggested the Coalition could possibly recognize August as Health Month and IRT could be one of the features highlighted. Fred stressed that we need to be careful with advertising; we want to avoid sizeable crowds and avoid overwhelming the providers. Most appointments will be pre-scheduled.

3. Welcoming Event - Dr. Raver reported that a local minister is working on a Welcoming Event; it will probably be scheduled for the second week because the State officials will be in Ocean City for MACO the first week.

**VI. NEXT MEETING:**

The next meeting is scheduled for May 13, 2014 at 1:30 PM, Administrative Conference Room, ACHD.

Meeting adjourned at 2:45.

Submitted by:

Mary Strem  
Allegany County Health Department